


Rotary's Four Way Test And What It Means To The Conduct Of My Life

The idea of wanting to improve to become a better person is a wish not only I share, but one I believe society as a whole covets. Understanding what to think, profess, and do are the keys to becoming the person I want society to see me as. Knowing if what I am saying, doing, or thinking is the truth, fair to all concerned, beneficial to all concerned, and able to build goodwill and better friendships, are the four ideas that the "Four Way Test" helps me realize what decisions are going to better my daily life. Current events in society also emphasizes the influence of the four ideas of the Rotary's test. The issues my community and I go through elaborates on how the four way test can influence positivity.

One thing that the "Four Way Test" does is influence what I say. Knowing that the information I am articulating to someone is the truth is a huge part in knowing that I am truthful to myself and my character. Based on my spiritual beliefs, professing the truth is a huge key to being able to carry out my purpose in life. Every week, I talk to younger kids about beliefs and it's my job to make sure I am telling them the correct information. When I became an advocate for those kids, I realized that the words that I speak to them, will influence what they preach and practice. The truth is needed for everyone to have integrity and leadership skills. Furthermore, the "Four Way Test" helps me comprehend if what I am saying builds goodwill and better friendships. With the turmoil our country has been in between sexual assault allegations and domestic terrorism, the time of encouraging and positive voices is now. Nobody benefits from negativity and watching how negative society can be influenced me to express positivity within my community. Everyone has their opinions, but being able to understand someone else's perspective and politely ask about them helps me make sure that what I am saying does not seem





offensive or judgmental. Building one another up, instead of tearing one another down is something that the “Four Way Test” can help individuals realize.

Another thing that the “Four Way Test” assists with is affecting what individuals think. For me personally, thinking positively alleviates the problem of me expressing my opinions in a negative manner. Being mindful of the question of “will it bring good will” is something I look at and I believe all citizens should look at. In society, where social media is a huge communication platform, thinking about if my comment is going to benefit others and bring kindness is something that I take to heart. When communicating online, I and others have to understand that tone can be misjudged and words can be twisted. By thinking about my actions, I am able to know what to say and how to say it. Also with social media, cyber bullying is a major problem for the platform. Thinking about if words are going to bring amity and benefit others moods can help with that problem. Using the “Four Way Test” to know what to think and reminisce on decisions, can help everyone become a better individual.

Lastly, the “Four Way Test” influences me on the decisions that I make and do. As I watch the United States go into a period of distrust and tension, it is paramount to acknowledge the weight that my decisions make in the world. Making distrustful decisions only causes division in others where there needs to be unity. By continually making truthful decisions, I am able to understand my morals and be the better person I want to be. Furthermore, the “Four Way Test” helps me make sure my choices impact other individuals’ lives positively. Positive change is needed in our country and by becoming an individual who only benefits the others around them, helps students become the citizens needed for society.

In conclusion, the Rotary's "Four Way Test" positively influences what I say, think and do. As I go through my days, I remember to only spread the truth, for deceitfulness does not benefit anyone at all. Integrity is needed in this world and the "Four Way Test" helps me realize that. Striving to make sure what I say, think, or do benefits others, bring goodwill, and just to all is very necessary. By having the "Four Way Test" influence my daily life, I am able to be the person I believe I need to be to change society for the better.