Rotary District 7390 | rotary youth exchange

SHORT TERM EXCHANGE PROGRAM (STEP) EXPENSES & ANTICIPATED COSTS 2026

TYPE OF EXPENSE	ESTIMATE	DESCRIPTION
Airfare (Roundtrip Ticket)	$2000.00	$1400-$2800 (If Tzell Travel is used – cannot apply frequent flyer miles)
Passport	$165.00	Cost varies: Age 16 and older or under 16 and whether first time or renewal http://travel.state.gov/passport/fees
Health & Liability Insurance	$76.00	Payable to: CISI-Bolduc Plan B ($76.00 for up to 3-4 week stay - $208 for a 6 week stay)
District & ESSEX Application Fee	$300.00	Payable to: D7390 YEP
Estimated Total Mandatory Costs (Rounded to nearest $100)	**$2200.00**	**$1600-$2800**
Doctor Visits & Immunizations	$200.00	Some countries may suggest or require additional immunizations prior to your arrival
International Calling Card/International SIM card, International Cell Phone	$200.00	Price will vary by country and product purchased. Can be as low as $20/month – check out onesuite.com
Gifts/Presents	$100.00	Students encouraged to take gifts for their host families
Spending Money	$200.00	Will vary depending upon what student would be buying – i.e. clothes, shoes, jewelry, souvenirs, gifts to bring home for family and friends etc.
Total Additional Costs	**$900.00**	
Estimated Total Cost (Mandatory + Additional) *(Rounded to nearest $100)*	***$3100.00***	***Range $2500-$3700*** *(vary due to the cost of airline and amount of spending money) (Mandatory+Additional)*