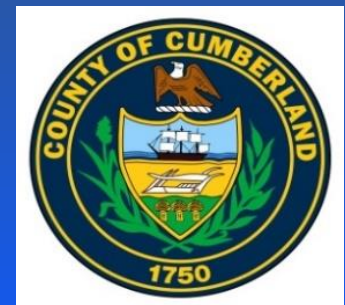



Community Mental Health: Opportunities for Collaboration

In an hour or less...





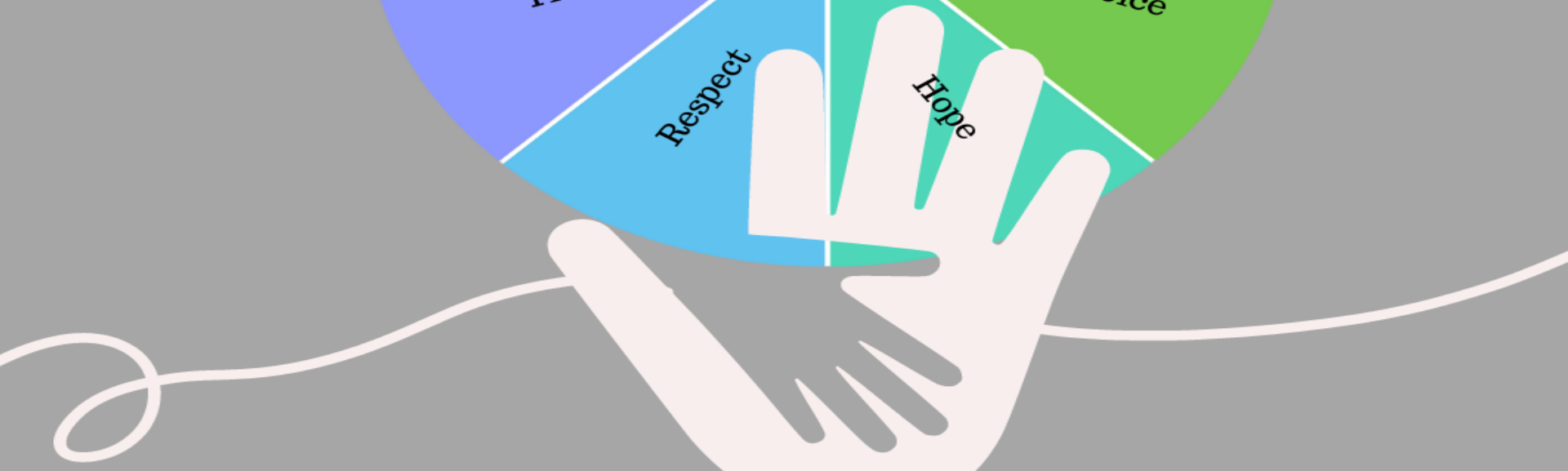
Let's talk philosophy and values....why?


“Personal leadership is a process of keeping your vision and your values before you and aligning your life to be congruent with them.” Stephen Covey



So here's our foundation....

Pennsylvania *Community Support Program*



- 
- Treatment provides stability but without services and supports recovery can take longer to occur.
 - Recovery can and does happen.
 - Feeling valued, having positive strong relationships, contributing to society and others and being viewed as a person first lay the foundation for recovery.
 - Having a mental illness is a small part of who a person is. The bigger “we” make it the more we hurt the person.



VISION:

All people with mental illness will live and participate fully as valued, integrated members of our communities with the choices, responsibilities, dignity, respect, and opportunities afforded all citizens.

The System Structure

A Comprehensive group of treatment and rehabilitative services to establish an environment so each person can reach their fullest potential.

State Requirements:

SUBJECT Serious Mental Illness: Adult Priority Group

- A. Meet the federal definition of SMI.
- B. Be 18 years of age or older.
- C. Have one of the following diagnoses:
 1. Bipolar Disorder
 2. Major Depressive Disorder
 3. Schizophrenia
 4. Schizoaffective Disorder
 5. Other Specified Schizophrenia Spectrum and Other Psychotic Disorder
 6. Borderline Personality Disorder

■ D. Meet one or more of the following criteria:

1. Treatment History:

a. Current residence in or discharge from a state mental hospital within the past two years; or


b. Two admissions to community or correctional inpatient psychiatric units or crisis residential services totaling 20 or more days within the past two years; or

c. Five or more face-to-face contacts with walk-in or mobile crisis or emergency services within the past two years; or

d. One or more years of continuous attendance in a community mental health or prison psychiatric outpatient service (at least one unit of service per quarter) within the past two years; or

e. History of sporadic adherence to treatment as evidenced by at least three missed appointments within the past six months, inability or unwillingness to maintain medication regimen or

f. One or more court orders for an involuntary outpatient commitment or assisted outpatient treatment within the past two years.



We believe it's not all about “the money”, but
we need funds to support the effort.

FY 23-24 Allocation

\$10,402,637

Mental Health Final Allocated Revenue FY22-23 of State & Federal

- State - \$9,757,212
- PY Retainage - \$-0-
- Federal Block Grant - \$645,425
- Federal Non-Block Grant - \$1,915,271
- Billable Administrative MA - \$89,405
- Other Inc (HC, C&Y, Interest) - \$204,262
- Required Subsidy - \$308,920
- **Additional County Funding needed- \$202,452**



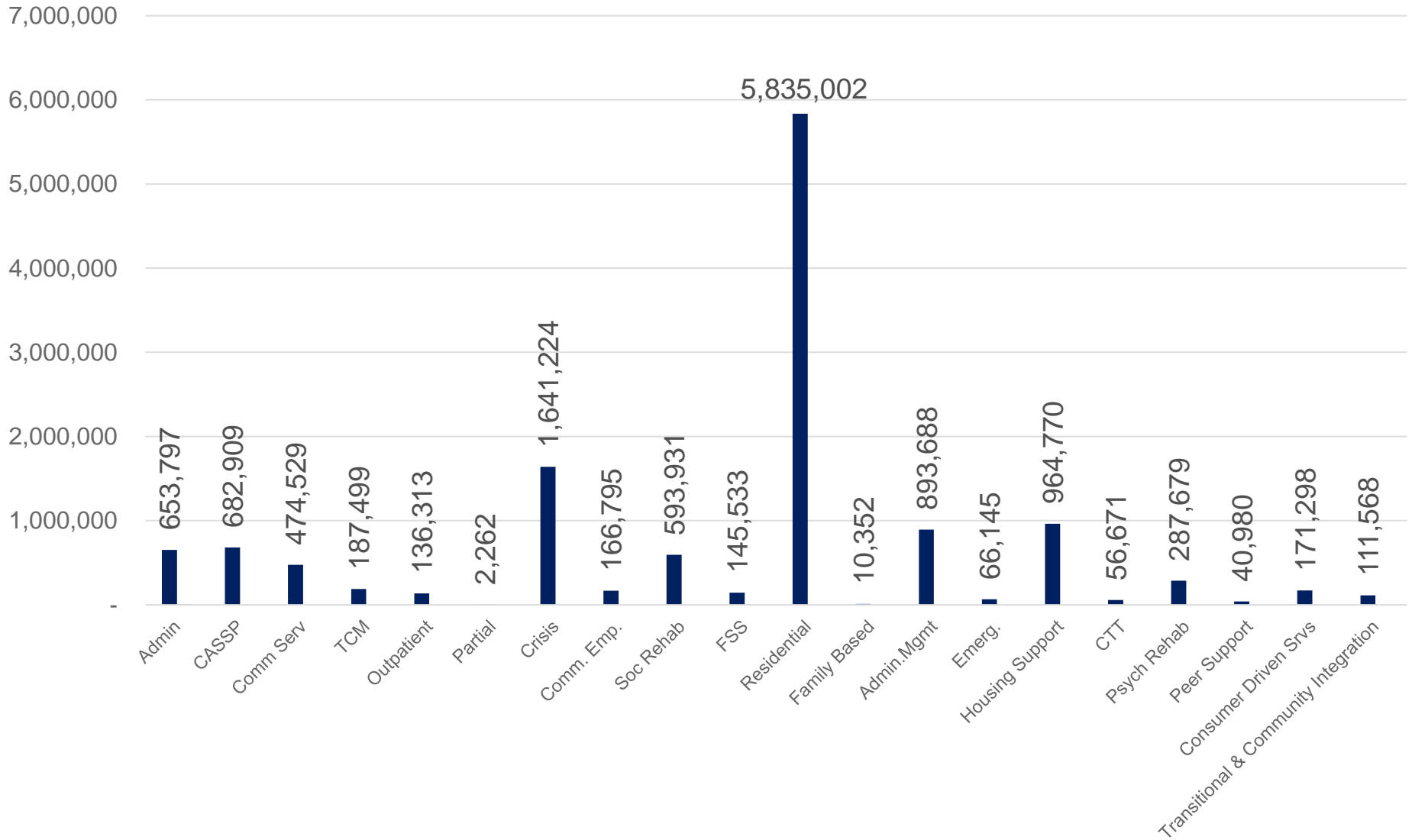
State -
\$9,757,212



Federal -
\$2,560,696

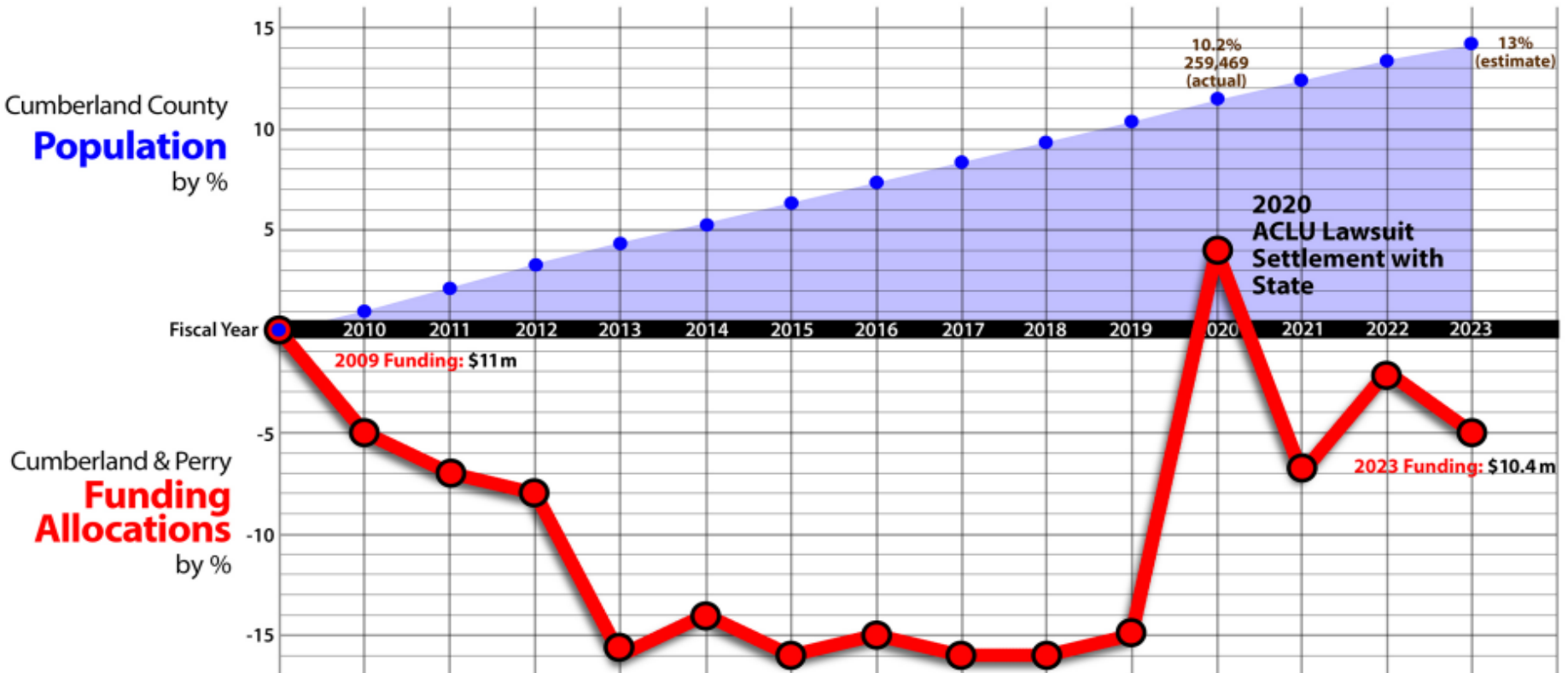
TOTAL - \$13,122,947

MH FY 2022-2023 Actual Service Expenditure of State, Federal, and County Funding



Population vs Mental Health Base Funds

Cumberland & Perry Counties



- Since 2009 the Cumberland County population has steadily increased to 259,469 in 2020, a 10.2% increase. Following the current trend, an estimated 3% increase is expected by 2023.
- In 2009 Cumberland & Perry Counties were allocated \$11,037,953. In 2023 the counties received \$10,492,021.
- In 2020 Cumberland & Perry Counties received a 4% funding allocation as a result of the ACLU lawsuit settlement with Pennsylvania, specific to the LTSR.

Payment information

- Private insurance- pays for treatment services
- Medicare- pays for treatment services
- HealthChoices members- covers treatment and some recovery services. Category of eligibility is important to know.
- Fee for service medical assistance
- County base- pays for treatment and recovery supports and services other payers do not pay for. Payer of last resort. If an individual has other insurers these funds cannot be used if their insurance covers the service

County Funded MH Services

- All services begin with intake and liability at the “Base Service Unit”

- Penn State Holy Spirit Behavioral Health Center

- Merakey Stevens Center

After being “opened” for services each person is assigned an administrative case manager and referrals are made for services that are deemed to support the person in their recovery.

County Funded MH Services

- 45% of the budget is used for residential services
- 1. Long Term Structured Residence (LTSR) (16 Beds)
- 2. Specialized Community Residence (SCR) (20 Beds)
- 3. Community Residential Rehabilitation (CRR) (26 Beds)
- 4. Supported Apartments (24-7 staff) (10 Apartments)
- 5. Respite (4 Beds)

County Funded MH Services

- Housing Support Services
 1. Supportive Living
 2. Housing Support Specialist at Cumberland County Housing and Redevelopment Authority (CCHRA)

County Funded MH Services

- Outpatient Services (OP)

3 County funded OP Providers

Merakey Stevens Center

Holy Spirit Behavioral Health

Also under OP is 2 med management clinics,
medication funding, lab work, etc.

County Funded MH Services

- Crisis Intervention

Note: Crisis is funded in part by an Alternative Payment Arrangement (APA) through HealthChoices funds.

County MH Base pays approximately 75% of the costs which includes Emergency Services. There is no other payer for Emergency Services.

County Funded MH Services

- Inpatient Services (IP)

Cumberland and Perry MH funds both
Acute inpatient and Extended Acute
Inpatient Services. Over the last ten years

- Partial Hospitalization (PHP)

PHP is funded at NHS Stevens and Geisinger
Holy Spirit Hospital

County Funded MH Services

- Assertive Community Treatment Team (ACT)

Team includes: (psychiatrist, nurse, therapist, casemanager, peer specialist, vocational specialist, team leader, and administrative staff)

Used for individuals who have been historically unable to be served appropriately by outpatient MH system.

County Funded MH Services

- Targeted Casemanagement

Intensive Casemanagement (ICM) and
Resource Coordination (RC)

State set criteria for meeting medical necessity
for levels of care for these services.

County Funded MH Services

- Community Services

Teenline at Holy Spirit- Student

Assistance Program

Community Support Program (CSP)

County Funded MH Services

- Emergency Services

Delegate Services

Mental Health Review Officers

Communications (Answering Service)

County Funded MH Services

- Community Employment

Evidence Based Practice (EBP) Supported
Employment Program at Merakey STAR
Program

County Funded MH Services

- Consumer Driven Services

Merakey STAR “Warmline”

Fairweather Lodges operated by New
Visions

County Funded MH Services

- Transitional & Community Integration Services

Forensic Casemanagement

MH Liaison services in Perry county
prisons

Crisis Intervention Team training for police
officers

County Funded MH Services

- Family Support Services

Sign Language

National Alliance on Mental Illness (NAMI)

Transportation Services

Music Therapy

County Funded MH Services

- Certified Peer Specialist Service (CPS)

Individuals who are in recovery who serve as peers to encourage and support the recoveries of others.

CPS “unit” at Merakey provide both county funded and HealthChoices funded CPS service. Forensic CPS are available.

County Funded MH Services

- Licensed Psychiatric Rehabilitation Services

Merakey STAR Program (satellites at all of the Social Rehabilitation sites in Cumberland and Perry counties.

- Social Rehabilitation

Aurora Social Rehab (Cumb & Perry)

New Visions ShipDock (Shippensburg)

Merakey STAR Program

County Funded MH Services

- County Administration

Staff

Overhead (Direct and Indirect)

Child and Adolescent Social Services

Program (CASSP)

MH Office Solicitor

HealthChoices



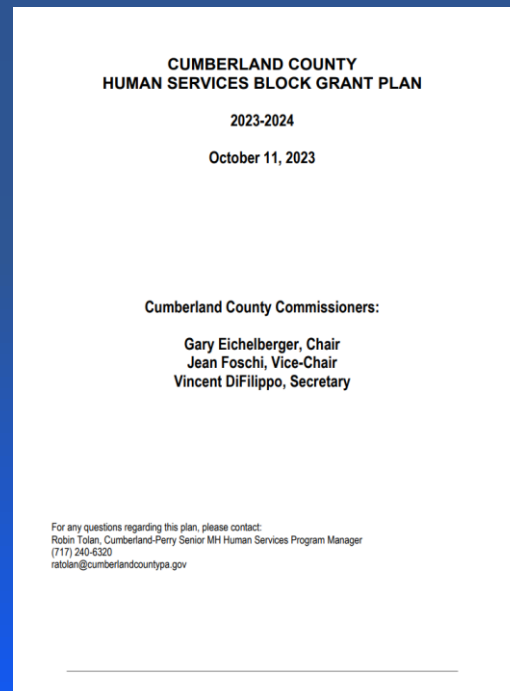
- PA's Medicaid Managed Care that provides for both physical health and behavioral health services.
- We are part of a 5-county collaborative that includes Dauphin, Lancaster and Lebanon.
- Capital Area Behavioral Health Collaborative is our 5 county company that provides oversight to our BH- MCO, PerformCare.
- CABHC has a Board of Directors (10) and 4 seats on the Board are filled by Cumberland and Perry representatives.

Why is this important?

- As leaders in the community, your voice is imperative in affecting change.

Recommended Reading

- Cumberland County Human Services Plan and the Perry County Human Services Plan
- [2023-2024---Cumberland-County-Human-Service-Block-Grant-Plan---10112023 \(cumberlandcountypa.gov\)](https://www.cumberlandcountypa.gov/2023-2024---Cumberland-County-Human-Service-Block-Grant-Plan---10112023)



Recommended Reading

- Perry County Human Services Plan
- [2023-2024---Perry-County-Human-Services-Block-Grant-Plan---10112023 \(cumberlandcountypa.gov\)](#)

**PERRY COUNTY
HUMAN SERVICES BLOCK GRANT PLAN**

2023-2024

October 11, 2023

Perry County Commissioners:

Brian S. Allen, Chair
Brenda L. Watson, Vice-Chair
Larry F. Reisinger, Secretary

For any questions regarding this plan, please contact:
Robin Tolan, Cumberland-Perry MH Human Services Program Manager
(717) 240-6320
ratolan@cumberlandcountypa.gov



Ideas for Collaboration?

1. Community Support Program
2. PULSE Suicide Prevention Taskforce
3. Advocate for Adequate fiscal resources
4. Volunteer to help a person with mental illness